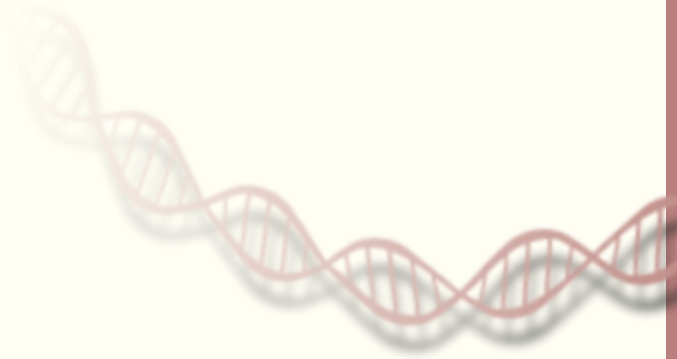




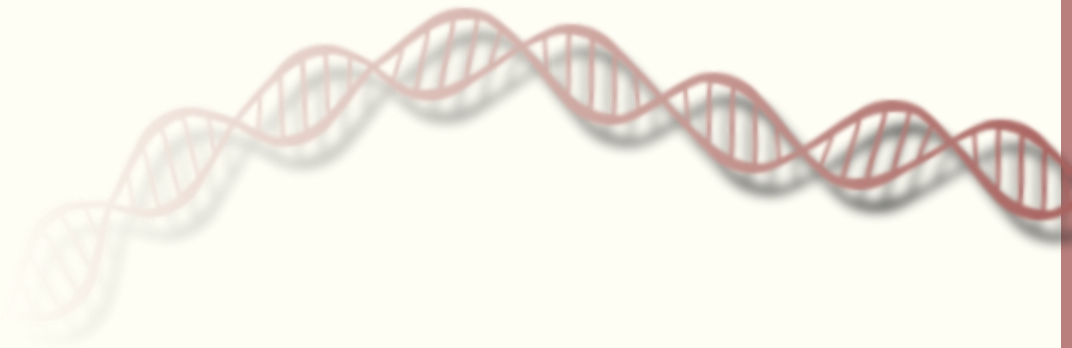
The Body Regeneration

Regenerative Medicine & Medical Nutrition





Welcome to a new standard of care —





*we design and manage your entire
health journey, with exclusive access
to top specialists.*

What is The Body Regeneration?



The Body Regeneration is a private regenerative medicine clinic designed to restore biology from the inside out.

Through advanced medical nutrition, targeted cellular therapies and biomarker-guided protocols, we optimise how your body repairs, protects and performs.

This is preventative medicine — elevated.



Regulate. Restore. Regenerate.

Ageing is modifiable.

Skin Reflects internal Health.

Energy begins at the cellular level.

Prevention is the highest form of luxury.



01.

Medical Nutrition & Cellular IV Therapy

Preventive medicine and cellular rehabilitation.

02.

Skin Rehab & Longevity

Regenerative treatments to restore and elevate skin health.

03.


Concierge Care & Private Membership

We manage everything for you — discreet, seamless, personalised.
Only by referrals.

04.

Full Screening & Preventive Care


Advanced diagnostics with tailored prevention pathways.



Who is this for?



- *Longevity and cellular performance.*
- *Disease prevention through precision strategy.*
- *Post-diagnosis support and structured recovery.*
- *Internal skin regeneration.*
- *Clients seeking high-level, discreet personalised care.*



**Consultants trust The Body Regeneration
*because we work collaboratively to identify the
root cause of imbalance, not just the symptom.***

By combining different medical perspectives, we help create more precise, personalised and effective care plans, supporting both the clinical treatment and the patient's overall recovery.



The Body Regeneration operates as a discreet virtual clinic offering personalised care globally.

We coordinate with medical specialists, consultants, physiotherapists, and leading clinics to provide fully integrated support under one regenerative framework.

Concierge Experience

We deliver a fully managed, concierge-level service — coordinating your care across wellness clinics, diagnostic centres, insurance pathways, and private medical practices. From testing and referrals to treatment planning and execution, every step is handled for you with precision, discretion, and efficiency.





Sofia Bertolino

*Founder of The Body Regeneration.
Consultant Dietitian, Medical Nutrition & Onco-Hematology Specialist.*

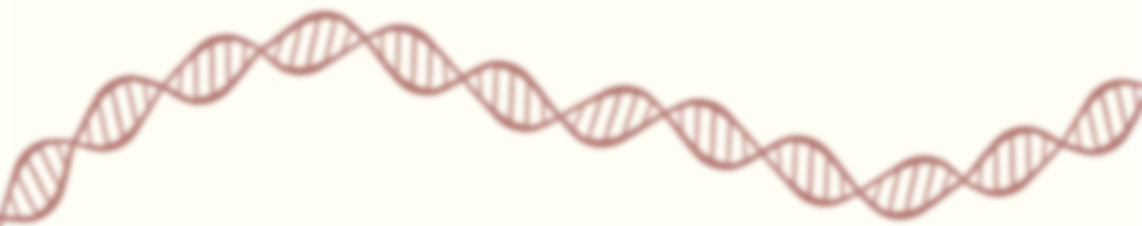


With over a decade of clinical experience in intensive care and advanced oncology (including stem-cell transplantation), Sofia integrates hospital-grade science with regenerative innovation.

Creator of The TBR Method™, Nude Method™, and Bespoke Cellular Regeneration Protocols.

My Mission

To shift health from reactive medicine to structured regeneration. I believe true optimisation begins at the cellular level, building resilient, long-term health architecture rather than temporary solutions.



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